



Brain Skills

Speed of Processing

The ability to respond accurately and at a quick pace.

Working Memory

The ability to hang on to information while in the process of using it.

Attention Control

The ability to stay engaged for an extended time.

Cognitive Load

The ability to process a large amount of information at one time.

Category Formation

The ability to organize information into categories.

Multiple Simultaneous

Attention

The ability to multi-task with success.

Inductive Thinking

(Pattern Recognition / Processing Order)

The ability to find patterns and figure out what's next.

Response Inhibition

The ability to inhibit a response to distractions.

Warrior Martial Arts Academy

A Martial Arts Training Program designed to help children ages 3—9 to prepare Physically, Intellectually, Emotionally and Socially for Advanced Martial Arts Training.

Warrior Movement

A Parkour, Extreme Martial Arts & Tricking Program designed to help children ages 3—9 to prepare Physically, Intellectually, Emotionally and Socially for Advanced Movement Training.

Warrior Martial Arts Academy
Warrior Movement

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Youtube: Next Level Warrior Training Center



Ninja Academy
(Ages 3&4)

Warrior Academy
(Ages 3&4)

Genin
(Ages 5&6)

Tiny Warriors
(Ages 5&6)

Chuunin
(Ages 7-9)

Little Warriors
(Ages 7-9)

Train Like A Warrior
Mind, Body & Spirit

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AGES 3&4

STAGES OF DEVELOPMENT

Physically

They typically have low tone in their arms, legs and core.

Intellectually

They typically have limited vocabulary therefore learning is normally limited to kinesthetic activities.

Emotionally

They typically have strong preferences and fears therefore they will normally act out of bounds when their emotions get out of control.

Socially

They are typically very self-centered. Also, due to their limited vocabulary their common form of communication is mainly physical.



AGES 5&6

STAGES OF DEVELOPMENT

Physically

They have a basic foundation for leg, arm, core & abdominal development, but they still lack a lot of strength.

Intellectually

They typically have a hard time retaining beyond three commands.

Emotionally

They are in tune with their emotions, but will act silly when they are nervous or excited. They build most of their confidence through making adults proud.

Socially

They enjoy the spotlight, but tend to lack proper sportsmanship.

*Helping Children
Succeed!!*

AGES 7—9

STAGES OF DEVELOPMENT

Physically

They typically have weak fine motor skills, therefore proficient technique is not quite there yet. Also, they still tend to stumble when their body is in motion, therefore advanced movement is still a little sloppy.

Intellectually

They are extremely bright, but they typically have a hard time concentrating during distractions.

Emotionally

They are wonderfully stable and love a challenge. However, they are just learning how to tap into their emotions.

Socially

They love to interact with others, and enjoy the spotlight. However, they can get frustrated when things don't go their way.